

## List of Evidence Based Practices

Items in Red do not work, have a negative impact

Items in Yellow are promising, they tend to have an impact but it depends on implementation

Items in green are effective, and change behavior. RNR refers to Risk, Need, Responsivity Supervision (using EBP supervision) and MST refers to multisystemic therapy (in-house, family)

MAT refers to medically assisted treatments such as methadone, Buprenorphine, vivitrolyl

### EVIDENCED BASED PRACTICES LEAD TO BETTER, POSITIVE OUTCOMES

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- Education (Psycho-Social)
  - Non-Directive Counseling
  - Directive Counseling
  - Intensive Supervision
  - Boot Camps
  - Case Management
  - Incarceration
  - Motivational Interviewing
  - Moral Reasoning
  - Emotional Skills
  - 12 Step with Curriculum
  - TASC
  - Diversion to TX, 12 Month Residential
  - Tx with Sanctions
  - Secondary Education/GED
  - Cognitive Processing
  - Cognitive Behavioral (Social Skills, Behavioral Management, etc.)
  - Therapeutic Communities
  - MAT with Behavioral Therapy
  - Drug Courts
  - RNR Supervision
  - In-Prison Tx (TC) & Aftercare
  - Contingency Management
  - MST